

Abstract

Vegetable-based dough that comprises softened gluten and added vegetable material. The vegetables comprise legumes and/or fruits and/or fibers. The Vegetable dough essentially consists of softened gluten in admixture with vegetable materials or of an essentially homogeneous mixture of softened gluten, to which vegetable material has been added. The vegetable dough is produced by first softening a gluten mass, and then by mixing the resulting softened gluten with a preferred vegetable, until an essentially homogeneous mass is obtained.